

Competitive Classes 2024-2025

Classes begin Tuesday, September 3rd

Monthly Prices:

30 min. class \$50 per month

45 min. class \$60 per month

1 hour class \$70 per month

1 hour 15 min class \$80 per month

Discount Program: The more classes you take, the more you save!

Classes	Discount
4	10%
5	15%
6	19%
7	21%
8	23%
9	25%
10	27%
11	29%
12	31%
13	33%
14	35%
15+	37%

PEDC has an attractive discount program to help our families register for more classes and meet our requirements.

Please note: Our requirements for classes ensure our dancers are receiving the proper training to facilitate growth and be competitive. Please make sure you are aware of the prerequisites you need to take competitive classes. See the requirements at the end of the document.

Junior 1/2 Competitive Classes for 6–8-year-olds

Jr. 1/2 Jazz 6-8 years – Tuesday 5:30-6:30

* required to take 2 ballet classes to register for competitive jazz

* must have previous Jazz experience

Jr. 1/2 Tap 6-8 years – Thursday 6:15-7:00

* must have previous tap experience

Grade 1 Ballet 6-9 years – Tuesday 6:45-7:45 and Thursday 5:15-6:15

* both ballet classes required

Hip Hop 7-10 years - Wednesday 5:45-6:30

Musical Theatre 7-10 years– Wednesday 6:30-7:15

*required to take a jazz class (can be non-competitive) to register for musical theatre

Acro 7-10 years – Wednesday 7:15-8:00 (competitive) or Saturday 3:30-4:15 (non-competitive)

Aerial Arts (silks) 5-9 years Non-Competitive class Friday 5:15-6:00

Junior 2 Competitive Classes for 8-10-year-olds

Jr. 2 Jazz 8-11 years (Born to be Wild) - Tuesday 7:45-8:30

*required to take 2 ballet classes and the Jr. 2 Jazz Technique class to register for a jazz class

Jr. 2 Jazz Technique Class 8-11 years- Thursday 6:15-7:00

Ballet Grade 1/2 Ballet 7-11 years – Tuesday 6:45-7:45 and Thursday 5:15-6:15

* both ballet classes required

Musical Theatre 7-10 years– Wednesday 6:30-7:15

*required to take a jazz class (can be non-competitive) to register for musical theatre

Hip Hop 7-10 years - Wednesday 5:45-6:30

Jr. Lyrical 9-12 years– Monday 8:00-8:45

* required to take 2 ballet classes

Acro 7-10 years – Wednesday 7:15-8:00 (Competitive) or Saturday 3:30-4:15 non-competitive

Aerial Arts (silks) Non-Competitive classes 5-9 years – Friday 5:15-6:00 or Aerial Arts 9+ Saturday 1:30-2:30

Junior 3 Competitive Classes for 10-12-year-olds

Jr. 3 experienced Jazz (Me too)- Wednesday 6:15-7:15

*required to take 2 ballet classes and the Jr. 3 Jazz Technique class to register for a jazz class

Jr. 3 Jazz technique class - Monday 6:15-7:00

Jr. 3 Tap (Hit the road Jack)– Wednesday 5:30-6:15

*required to take Jr. 3 tap technique class to register for a tap class

Jr. 3 Tap technique class - Monday 5:30-6:15

Ballet Grade 3 - Monday 7:00-8:00 and Wednesday 8:00-9:00

* both ballet classes required

Jr. Musical Theatre - Wednesday 7:15-8:00

*required to take a jazz class (can be non-competitive) to register for musical theatre

Jr. Hip Hop – Thursday 6:45-7:30

*advised to be registered in any additional class

Jr. Lyrical – Monday 8:00-8:45

* required to take 2 ballet classes

Jumps & Turns, Stretch & Conditioning - Thursday 5:30-6:15

Jr. Acro 7-10 – Wednesday 7:15-8:00

Jr. 3 Acro 9-12 - Thursday 7:30-8:15

Acro Skills (experience required) 10+ years - Friday 6:45-7:45 **No recital dance*

*strongly advised to register for an acro class

Aerial Arts 9+ (silks) non-competitive class Tuesday 8:00-9:00, Friday 6:00-6:45, and Saturday 1:30-2:30

Pre-Intermediate Competitive Classes for 12-14-year-olds

Pre-Intermediate 1 Jazz (Tea Party) – Tuesday 7:00-8:00

*required to take 2 ballet classes, the Pre-Int 1 Jazz technique class and the Jumps & Turns, Stretch & Conditioning to register for a jazz class.

Pre-Intermediate 1 Jazz technique class - Thursday 6:15-7:15

Intermediate Tap Large Group (Pirates) - Tuesday 6:15-7:00

Pre-Intermediate 1 Tap Small Group *Invite only– Monday 7:00-8:00 *Tap technique class is built into this tap class. *See Glitz’N’Glam Dance Team for requirements.

Grade 5 Ballet – Monday 6:00-7:00 and Thursday 7:15-8:15

* both ballet classes required

Pre-Intermediate Musical Theatre (Revolting Children) Wednesday 7:15-8:00

*required to take a jazz class (can be non-competitive) to register for musical theatre

Pre-Intermediate Hip Hop - Monday 8:00-8:45

*advised to be registered in any additional class

Pre-Intermediate Contemporary (99 Red balloons)- Wednesday 8:00-8:45

* required to take 2 ballet classes, jazz technique class and the Jumps & Turns, Stretch &

Conditioning class

Jumps & Turns, Stretch & Conditioning – Thursday 8:15-9:15

Pre-Intermediate Acro Dance 12-14 yrs (Bad Behavior)- Thursday 5:15-6:15

* Acro Skills Class 10+ years is strongly advised to register for an acro class

Acro Skills Class 10+ years – Friday 6:45-7:45 **No recital dance*

*strongly advised to register for an acro class

Aerial Arts 9+ (silks) non-competitive class Tuesday 8:00-9:00, Friday 6:00-6:45, and Saturday 1:30-2:30

Classes for 14+ (Intermediate)

Intermediate Jazz Large Group choreo class (Telephone) Monday 7:00-8:00

*required to take 2 ballet classes, the jazz technique class and the Jumps & Turns, Stretch & Conditioning class to register for a jazz class.

Intermediate 1 Jazz technique class - Wednesday 7:00-8:00

Intermediate Tap Large Group (Pirates)– Tuesday 6:15-7:00

*required to take Intermediate 1 Tap technique class to register for the tap class

Intermediate 1 Tap Small Group 14+ (Praise) invite only - Tuesday 7:00-7:45 *See Glitz’N’Glam Dance Team for requirements

Intermediate Tap Small Group 15+ (Juicy Wiggle) – Tuesday 5:30-6:15

*required to take Intermediate Tap technique class

Intermediate 1 Tap technique class – Thursday 6:00-6:45

Inter Foundation / Pointe – Monday 5:00-6:00 and Tuesday 8:45-10:00

Intermediate/Adv. Foundation Ballet – Monday 8:00-9:00 and Wednesday 5:00-6:00

Intermediate Pointe – Monday 9:00-9:45 - For dancers in Intermediate Ballet - Competition dance

Inter Foundation / Intermediate Large Ballet choreo class (Stairway to heaven)– Wednesday 6:00-7:00

*both ballet technique classes required

Intermediate Contemporary –Invite only (Wrongly Convicted) Thursday 9:15-10:00 See Glitz’N’Glam Dance Team for requirements

Intermediate Lyrical/Contemporary Large Group– Wednesday 8:15-9:00

*required to take all required ballet classes, the Intermediate jazz technique class, Jazz choreo class and the Jumps & Turns, Stretch & Conditioning class

Intermediate Acro (Bad Behavior) - Thursday 5:15-6:15

Advanced Acro 15+ - Invite Only Monday 6:00-7:00

*Acro Skills Class is strongly advised to register for an acro class

Acro Skills 10+ - Friday 6:45-7:45

Intermediate Hip Hop (Stomp 'em out) – Thursday 7:30-8:15

*advised to be registered in any additional class

Intermediate Musical Theatre (Someone in the crowd) - Thursday 6:45-7:30

*required to take a jazz class (can be non-competitive) to register for musical theatre

Jumps & Turns, Stretch & Conditioning – Thursday 8:15-9:15

Aerial Arts 9+ (silks) non-competitive class Tuesday 8:00-9:00, Friday 6:00-6:45, and Saturday 1:30-2:30

Glitz 'N' Glam Dance Team (Invite only) Ages 12+

Classes and requirements:

Pre-Intermediate 1 Tap Small Group 11-12 years. Invite only Monday 7:00-8:00

*Tap technique class is built into this tap class *required to take 2 Ballet technique classes, and large Tap choreo group

Intermediate Jazz Small Group 14+ (Heatstroke) invite only Tuesday 7:45-8:45

*required to take 2 Ballet technique classes, Ballet choreo Class, Inter Jazz technique, Jumps & Turns, Stretch & Conditioning class, Lyrical choreo class (G&G), Contemporary class (G&G) and Pop up class (large jazz choreo group strongly recommended). Jazz exam mandatory.

Intermediate/Adv Foundation Ballet Small Group 14+ invite only Friday 5:45-6:45

*required to take 2 Ballet technique classes, Inter Jazz technique, Jazz choreo class (G&G) Jumps & Turns, Stretch & Conditioning class, Lyrical Class (G&G), Contemporary class (G&G) and Pop up class (large ballet choreo group strongly recommended). Ballet Exam mandatory

Intermediate Lyrical 14+ invite only Wednesday 9:00-10:00

*required to take 2 Ballet technique classes, Ballet choreo Class, Inter Jazz technique, Jazz choreo class (G&G), Jumps & Turns, Stretch & Conditioning class, Contemporary class (G&G) and Pop up class (large lyrical/contemporary choreo group strongly recommended). Ballet and Jazz exams mandatory

Intermediate Contemporary invite only (Wrongly Convicted) Thursday 9:15-10:00

*required to take 2 Ballet technique classes, Ballet choreo class (G&G), Inter Jazz technique, Jazz choreo class (G&G) Jumps & Turns, Stretch & Conditioning class, Lyrical Class (G&G), and Pop up class (large lyrical/contemporary choreo group strongly recommended). Ballet and Jazz exams mandatory

Intermediate 1 Tap Small Group 14+ (Praise) invite only Tuesday 7:00-7:45

*required to take 2 Ballet technique classes, Intermediate Tap technique class and large Tap group

Pop-Up Class/Dance Industry 14+ invite only Tuesday 5:00-5:30.

This class incorporates multi genres of dance combinations taught at a fast pace (convention style). Additional classes include nutrition classes from a registered dietician, improv classes, audition prep classes, and dance industry discussions.

*All Glitz 'n' Glam Dance and Performance Company students should also take the Intermediate Hip Hop class to prepare them for conventions and future dance opportunities such as Harbour Dance Centre.

Class Requirements for the 2024-25 Competitive Dance Season

Jazz Dance – must take two Ballet classes and a Jazz technique class (Junior 2 and higher) and the Jumps & Turns/Stretch and Conditioning class (Mandatory for Ages 10+ and strongly recommended for 7-9 year olds).

Tap Dance – must take a Tap technique class (Junior 2 and higher).

Ballet Dance – must take two Ballet classes. Intermediate Foundation and Intermediate ballet dancers must take the 2 technique classes.

Lyrical Dance – must take two Ballet classes (all lyrical students) and for students ages 12+, a jazz technique class, and the Jumps & Turns/Stretch and Conditioning class is mandatory. Jazz technique and Jumps & Turns/Stretch and Conditioning is strongly advised for ages 7-11.

Contemporary Dance - must take two Ballet classes, a Jazz technique class, and the Jumps & Turns/Stretch and Conditioning class.

Acro Dance – Acro skills class strongly advised. Jazz class advised.

Musical Theatre Dance – must take a jazz class (could be non-competitive)

Hip Hop Dance – advised to be registered in any additional dance class.

Solos and Duos are required to take all the necessary Ballet and Technique classes as listed above in addition to the choreography classes in the genre of the solo/duo, and the Jumps & Turns/Stretch and Conditioning class. Students who take solos and duets are also expected to be taking their exams and attend all workshops and training opportunities that are available to them.

Requirements to take a Tap and Jazz Exam:

Students who wish to take their Exams must be enrolled in two Ballet classes, take the Tap Technique class (for tap exam) and Jazz Technique class (for jazz exam), along with their Jazz and Tap group classes. **Only those ready for the exam will take the exam.**

Requirements to take a Ballet Exam: Students will be invited to take an exam:

All Ballet exam students are required to take the Ballet classes outlined for their Grade (minimum 2 classes per week). Students will receive an invitation to take the exam if the teacher feels they are ready.