

# ACRO AND AERIAL CAMPS

## JUNE 2019



**ACRO CAMP: June 4, 5, 6 (T,W,Th)**

5:30-6:00 pm Acro Tots 3-4 years \$30

6:00-6:45 pm Acro 5-6 years \$37.50

6:45-7:45 pm Acro Beginner 7-11 years \$45

7:45-8:45 pm Acro Experienced 8+ years \$45

8:45-9:45 pm Acro Advanced\* 10+ years \$45

\*advanced required skills: walkover (front or back), bridge recover, far arm cartwheel

\*advanced students will be working on walkover and limber variations, assisted and unassisted aerials, back handsprings, shoulder and chest stands, handstands and other variations.

***DROP-IN INTERMEDIATE/ADVANCED ACRO SKILLS (no registration required)***

Tuesday, June 11 and 25th

6:30-7:30 pm, Ages 10+, \$15 per class

**AERIAL CAMP: June 17, 18, 19 (M,T,W)**

5:30-6:30 Aerial Beginner 7-11 years \$45

6:30-7:30 Aerial Experienced 8+ years \$45

7:30-8:30 Aerial Advanced\* 10+ \$45

\*Advanced required skills: must be able to do foot locks, climb and unassisted back straddle

## Register Online Now!

# pureenergy.ca

Acro and Aerial classes are Instructed by  
Karrie-Ann Puderak, a Certified Acrobatic Arts and  
Aerial Dance Instructor (A.A.C., S.B.A.D)

