

Pure Energy Dance Co. Anti-Negativity, Anti-Gossip and Anti-Bullying Contract Parent/Student/Studio Agreement

Everyone has the right to feel physically and emotionally safe, accepted and respected at Pure Energy Dance Co. All dancers and parents are expected to do everything they can, as members of the studio, to create and preserve a physically and emotionally safe, positive environment. At Pure Energy Dance Co., negativity, gossip and bullying will not be tolerated.

Negativity refers to any gesture, action, verbal statement or cyber communication that does not promote a positive environment at Pure Energy Dance Co. and positivity towards those who are members of the studio.

Gossip refers to the sharing of information that does not benefit Pure Energy Dance Co. and its' members.

Bullying refers to verbal acts, physical acts, social and emotional acts and cyberbullying.

Member of Pure Energy Dance Co. refers to all students, parents and staff at Pure Energy Dance Co.

Some examples of specific behaviors that constitute negativity, gossip and bullying are (but not limited to):

- Spreading rumors or posting degrading, harmful, negative messages, or information using social media or other forms of electronic communication about any member of Pure Energy Dance Co., or the studio itself. Taunting or humiliation of a Pure Energy member through social media sites such as Facebook. According to the RCMP, **Cyberbullying** involves the use of communication technologies such as the Internet, social networking sites, websites, email, text messaging and instant messaging to repeatedly intimidate or harass others. Cyberbullying includes sending mean or threatening emails or text/instant messages, posting embarrassing photos of someone online, creating a website to make fun of others, pretending to be someone by using their name, tricking someone into revealing personal or embarrassing information and sending it to others.
- **Psychological** acts of bullying such as intimidation tactics and purposeful negative non-verbal communication towards a member of the studio.
- **Verbal** bullying (using words to hurt someone): includes name calling, insults, joking, put-downs, threats and teasing, or making offensive remarks about a person in any way.
- **Social** bullying (using your friends and relationships to hurt someone): includes spreading rumours, gossiping, excluding others from a group or making others look foolish or unintelligent. Actions designed to harm a members' reputation or humiliate a member of the studio. This also includes students or parents bragging to others about which classes the student has been placed in and their skill level in order to make other students feel bad about themselves.
- Gossip about any member of the studio.
- Gossip and or complaining about studio policies and procedures.
- Gossip and or complaining about decisions made by Instructors.

Pure Energy Dance Co. is not responsible for policing the content of dancers' or parents' social media sites.

I understand that negativity, gossip and bullying, whether it is cyberbullying, physical, psychological or verbal acts that disrupt the positive learning environment at Pure Energy Dance Co., will result in the following disciplinary action:

1st Offense: Parents: You will be asked to not stay at the studio during classes. You will be required to drop off and pick up your child at the front foyer. Students: Your parents and instructors will be notified. You will not be allowed to lounge and socialize in the change room area.

2nd Offense: You will be asked to leave our studio.

I commit that I will not be negative to or bully any member of Pure Energy Dance Co. I commit to not gossiping and or spreading rumours about any member of Pure Energy Dance Co. I understand the anti-negativity, anti-gossip and anti - bullying contract.

Parent signature: _____ Student signature: _____ Date: _____